Summary of Announcements

Metro West Intergroup

June 2020

The first page lists the items to announce as brief bullet points; the second page contains more detailed information about each event. Let me know if you have any feedback about the announcement summaries: too detailed, not detailed enough, or anything else! Thank you for your service.

* **MWI Sunday Zoom workshops**, at 1:30pm, for 60-75 minutes. Access them using the MWI Zoom account at <https://zoom.us/j/7056582426>
  + 6/21/2020: Navigating Cancer and Food Addiction
  + TBA: last Sundays of July and August need topics and leaders

If you have an idea for a workshop or want to lead one, email Lisa Dee at [info@metrowestoa.org](mailto:info@metrowestoa.org). Check the website for workshop updates at <https://metrowestoa.org/latest-news/>

* **Getting literature to newcomers while meeting online**: Mark SH has volunteered to mail the “Where Do I Start” newcomer pamphlet to newcomers. Put “Newcomer Literature Request” in the subject of an email, include newcomer names (first and last initial) and addresses in the email and send to [markfromnatick@gmail.com](mailto:markfromnatick@gmail.com)
* **Region 6 Convention**: the convention committee continues to work on how the convention or gathering of some kind will work, keeping in mind the safety and health of all involved. The latest information will be posted on the Region 6 website and Metrowestoa.org when available.
* **Service Opportunity:** Coordinator needed for online workshops when they resume weekly in September.
* **Returning to face-to-face meetings**: When returning to in-person meetings, each meeting should update the OA.org meeting list, so MWI can update its list. Group secretaries should consult with the meeting landlord to follow the facility’s guidelines. Groups can find information on social distancing guidelines at <https://www.mass.gov/info-details/covid-19-prevention-and-treatment#latest-guidance-> or <https://www.cdc.gov/coronavirus/2019-ncov/community/index.html>
* **For the latest updates** on news, meetings, etc., always check the MWI website . [metrowestoa.org](https://metrowestoa.org/)

See next page for more detail.

* **MWI Sunday Zoom workshops**, at 1:30pm, for 60-75 minutes. Access them using the MWI Zoom account at <https://zoom.us/j/7056582426>
  + 6/21/2020: Navigating Cancer and Recovery from Food Addiction. Life keeps coming at us, including – for some of us, cancer. This panel will talk about how they have survived treatments and addressed issues around cancer treatment and food addiction. If you sponsor others, a great workshop to learn about what helped. Panelists: Elizabeth D and Tiana
  + For July and August, workshops will be held on the last Sunday of the month.

If you have an idea for a workshop or want to lead one, email Nate at [info@metrowestoa.org](mailto:info@metrowestoa.org).

Check the website for workshop updates: <https://metrowestoa.org/latest-news/>

* **Getting literature to newcomers while meeting online**: Since there is no literature table in online meetings, MWI is providing a service to groups to get some literature to newcomers in a timelier manner while groups are meeting online. Mark SH has volunteered to mail the “Where Do I Start” pamphlet to newcomers. MWI will reimburse him for the cost of literature and expenses. Put “Newcomer Literature Request” in the subject of an email, include newcomer names (first and last initial) and addresses in the email, and send to [markfromnatick@gmail.com](mailto:markfromnatick@gmail.com)
* Email newcomer names (first and last initial) and addresses to [markfromnatick@gmail.com](mailto:markfromnatick@gmail.com)
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* **Service Opportunity:** Coordinator needed for online workshops which will resume weekly in September. This position requires posting the workshop information on a Google spreadsheet, and finding topics/leaders and encouraging others to come up with topics and leaders. If interested, email Lisa Dee at [info@metrowestoa.org](mailto:info@metrowestoa.org)
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