

# Minutes of the MWI Business Meeting

February 20, 2021

In attendance via Zoom:

Nate	Chair, WSBC delegate	Janet F	Wednesday 7:15a HOW, newcomer workshop coordinator
Rachel S	Treasurer	Susan G	Thursday 12p Gov't Center, R6 rep
Michael P	Corresponding Secretary, R6 rep	Kat L	Thurs 7:30a Atheist / Agnostic, Meditation
Blair	Recording Secretary, WSBC delegate	Suzanne D	Mon 7:30a Meditation / Writing
Nancy GP	Website Person, R6 rep	Shelley	Sunday 6p Brookline
Barbara J	Sunday 10a BBSS Framingham	Linda C	Sat 10a Westwood
Damien	Monday 7p Cambridge writing / meditation, sponsor bank coordinator	Lane	Member, diversity / inclusion subctc chair special focus workshop coordinator
Ronda	Sunday 7p Framingham Newcomers	Mark	Member, supporting WDIS pamphlet distribution
Jay	Tuesday 7:15p Eliot Church BBSS	Sue M	Member, learning about Treasurer role

Nate opened the meeting at 9:05 am with the Serenity Prayer, an introduction of those present, a statement of the purpose of our meeting, and its etiquette. Barbara J read the 12 Steps, Blair read the 12 Traditions, Sue M read the Concept of the Month, and Janet F read MWI's Strategic Plan.

Barbara J and Susan G volunteered to review the Minutes.

## **Old and/or Ongoing Business**

### 1. Treasurer's report — Rachel

Discussed 2021 Budget (subcommittee members: Susan G, Rachel, Bob K, Blair, Sue M, and Jay).

January 2021 notable items: Income \$1,205.07, Expenses: ~\$50 for PayPal fees. Considering this, the 2021 budget for PayPal fees of \$325 was increased to \$600.

Sue M made a motion to accept the 2021 budget as-is. Susan G 2<sup>nd</sup> the motion. Passed unanimously.

### 2. Strategic Goal Updates

#### • Website — Nancy

We had over 3,100 new users on the website, and strong traffic. The website metrics report Nancy sent lists 4,400 users but we were hit with BOT on 2/1/2021 (remove 1,218 users for BOT). Users are looking for meetings. We are targeting the younger demographic (18-34), and hits are being driven by Google Ad Words (Is OA for you, 15 questions). In addition to the USA, the UK continues to be strongly represented.

Crisp chat function has been added to the MWI website & is working well. Currently we have 4 people supporting the chat (Michael P, Liz D, Laura C and Nancy). Free trial ended. Michael P received a question about a Cambridge meeting in Newton – person was actually in UK, and we didn't realize they were in different places! Michael P connected this newcomer with someone in the UK and it took 3 hours for them to connect full circle.

MWI applied for a grant from R6 to support Crisp (to use library within chat & includes unlimited 'seats' – people who support chat vs. the 4 we currently have now = monthly fee is \$95). Nancy will research scheduling (missing chats). Barbara J offered to be the Crisp coordinator to organize / keep track of volunteers, ensure we have staffing, volunteers have seats, and the seats are working. Motion by Shelley to purchase 6 months of the unlimited crisp at \$95/month (\$570 for 6 months added to 2021 budget). Blair 2<sup>nd</sup> the motion. Passed unanimously.

# Minutes of the MWI Business Meeting

February 20, 2021

Please send names of volunteers who would like to offer to staff crisp chat to Barbara J. During our meeting Barbara J, Sue M, & Shelley volunteered to support crisp chat.

- Social Media — Nancy (Laura C not present). (subcommittee members: Nancy, Michael P, Kat L, Susan G, Shelley, Laura C). Laura C has been posting (and ‘promoting’ posts) on social media (IG and Facebook) to target younger demographic, focusing on sharing MWI events and E/S/H.
- Diversity / Inclusion (D / I) – Lane (subcommittee members: Lane, Bob K, Kat L, Sue A, Susan G, Damien, Suzanne, Barbara J). Met several times, made short-term goals, contacted IGs to ask how they are supporting, might suggest website tweaks for accessibility to meetings, add People of Color (PoC) meeting, workshop on welcoming where IG reps can attend – specifically, we’d like to know how other IGs are being inclusive and welcoming in meetings. When they have a more specific proposal, they will bring to MWI for review / discussion / vote. A fellow contacted MWI about starting a D / I meeting, Lane responded but hasn’t heard back.
- Workshops:  
SPECIAL TOPICS – Lane. Feb workshop of ‘Finding Your Higher Power’ went well earlier this month; March: ‘Writing What We Wish We Read: Finding the Language that Works for Our Recovery.’ April / May pending (some topics that we might want to consider: Body Image, Prayer and Med).

NEWCOMERS – Janet. Janet is sending emails to those newcomers who have signed up to attend the newcomer workshops. Janet has leaders set up for Feb – Apr and is actively looking for leaders for May – July. Please connect with Janet if you’d like to volunteer – this is easy to do: there’s a format, you read from the script. Great way to do service!

- Joint speaker bank with MBI – Susan G (subcommittee members: Susan G, Sue M, Jen B, Jack G, Michael P). Susan G said there has not been a meeting yet. They will meet before the next MWI meeting.
- ‘Where Do I Start?’ pamphlet distribution to MWI meeting attendees — Mark. Still sending out pamphlets – sent to Alaska, Springfield, MA, Cambridge, MA, and one to Chicago, IL, for a newcomer who attended the Framingham Newcomer’s meeting! Please remind folks it’s a physical pamphlet that is mailed to their address.
- Sponsor bank coordinator – Damien. Reported that there have been 6 inquiries since 1/1/2021. Damien sent the people who made the inquiry a copy of the sponsor bank spreadsheet.

## New Business:

1. Region 6 reps: elections to fill 2 vacancies — Nate. Michael P and Susan G were elected unanimously.
2. Sponsor training workshop — Blair. Workshop will last 6 weeks. We will meet once a week at 11am on Saturdays for 1 hour, starting 13 March 2021. Will not meet on 3/27 or 4/3 due to Passover and Easter. We will go through the document ‘Temporary Sponsors: Newcomers’ First Twelve Days’ as well as the ‘Where Do I Start?’ pamphlet. We initially wanted to keep it very small (N=12) to encourage personal discussion and sharing; MWI reps and members suggested (N=24) and for the 2 leaders work with members in 2 break-out rooms. Blair asked Nancy to create a registration page – Blair and Nancy will work on this.
3. Possible new projects — Tabled until next month.
  - Step Study (high demand based on survey)
  - Anorexic / bulimic meeting (high demand based on search hits)
  - Traditions workshop
  - Anything else to follow up from our recent [member survey](#)?

# Minutes of the MWI Business Meeting

February 20, 2021

## Upcoming MWI events:

### Sunday MWI Workshops

When: Sundays, 1:30 – 2:30 pm Eastern time unless otherwise specified below.

Meeting ID: 705 658 2426, password 402152. See MWI website for call-in #s

- First Sunday of the month, special topics: 3/7/2021, Writing What We Wish We Read: Finding the Language that Works for Our Recovery
- Last Sunday of the month: Newcomers workshop: 2/28/2021

**World Service Young People's retreat**: March 6, 2021, 12 pm to 12 am Central Time. Register and tell your friends!! Info and registration here: <https://tinyurl.com/oayoungpeople>

### Other events:

Intergroup Renewal brainstorming sessions [hosted by Westchester United Intergroup (WUIG)]:

1st Thurs of month starting 1/7/2021, 7 – 8:30 pm Eastern time <https://zoom.us/j/668275613>

Meeting ID: 668 275 613, Passcode: 121212

### Summary of Announcements for IG Reps

- **MWI Sunday Zoom workshops**: First and last Sunday of the month at 1:30 – 2:30 pm Eastern.  
Meeting ID: 705 658 2426, password 402152. See MWI website for call-in #s
  - **First Sunday: Special Topics**
    - 3/7/2021: Writing What We Wish We Read: Finding the Language that Works for Our Recovery (see MWI website for more info)
  - **Last Sunday: Newcomers' workshop**: 2/28/2021
- **World Service Young People's retreat - Mar 6, 2021: 1 pm – 1 am Eastern**: Register and tell your friends!! Info and registration at <https://tinyurl.com/oayoungpeople>. Please distribute the flyer at your meetings.
- **MWI Sponsorship training workshop (via Zoom)**: for sponsors, sponsees, and folks who want to start / learn! Saturday 11a-12p EST, 13 & 20 March, and 10 April – 01 May 2021. **Space is limited!** Stay tuned for a registration link 😊 Please bring your 'Where Do I Start?' to the workshop.
- **Crisp chat volunteers needed**: If you'd like to volunteer to chat with folks who ask questions on the MWI website chat, please let MWI know by emailing [info@metrowestoa.org](mailto:info@metrowestoa.org). Please list '**Crisp chat volunteer**' in the subject line of the email.
- **For the latest updates** on news, meetings, etc., always check the MWI website: <https://www.metrowestoa.org/>

The meeting adjourned at 10:32 am with Rozanne's Prayer.

Respectfully submitted by Blair P, Recording Secretary