

## Summary of Announcements MetroWest Intergroup

December 2021 – January 2022

Please make these announcements at any meetings you attend, as a valuable way to Carry the Message. Thank you for your service.

**Please upload this document into chat on zoom as well as read these announcements at your meetings.**

For Zoom login details and the latest updates, please see the MWI website for more information: <https://www.metrowestoa.org>.

- **MWI Sunday Zoom workshops** are held on the 1<sup>st</sup> and last Sunday of the month 1:30-2:30 pm Eastern. See the MWI website (link above) for the zoom meeting ID and passcode.
  - **First Sunday of the month: Special Topics**
    - 2/7/2022: Zoom etiquette & how to handle disruptions in meetings
  - **Last Sunday of the month: Newcomers**
    - 12/26/2021
- **Be part of the MWI flash mob! MWI will identify a meeting (or 2) every month for folks to attend with the goal of boosting meeting attendance & morale and supporting everyone's recovery!** Mix up your routine and attend the Meditation / Writing meeting on Monday, 1/17, at 7 pm Eastern via zoom (zoom meeting ID and passcode is on the MWI website)! Sign up with the link on the MWI website or just show up 😊
- **Newcomer (WDIS) pamphlet:** We have hard copy pamphlets available to send to fellows. Email Mark at [info@metrowestoa.org](mailto:info@metrowestoa.org) and include 'Newcomer Literature Request' in the subject line. Please provide your first name and last initial and your mailing address.
- **Google list of meetings: Are your meetings starting to meet in-person, hybrid, or staying online?** Please email [info@metrowestoa.org](mailto:info@metrowestoa.org) and put 'Meeting update' in the subject line. We need this information so we can update our meeting lists!
- **Do you need a sponsor?** If yes, MWI keeps a list of sponsors in our sponsor bank. Please email Damien at [info@metrowestoa.org](mailto:info@metrowestoa.org) and include 'Sponsor' in the subject line.
- **Are you an intergroup rep for your MWI meeting? Or do you want to know what goes on at MWI business meetings?** If so, please join us on the 3<sup>rd</sup> Saturday of the month at 9:05-10:30am Eastern for the MetroWest Intergroup (MWI) business meeting. The meeting is open to anyone, even if you've never come before! Find the zoom meeting ID and password on the MWI website.
- **Do you receive our MetroWest Newsletter?** If not, sign up by emailing Ronda at [info@metrowestoa.org](mailto:info@metrowestoa.org) and include 'Newsletter' in the subject line. Please provide your name and last initial and your email address.