In attendance via Zoom:

| ☒ | Michael P. | MWI Board: Chair WSBC delegate & R6 rep | ☒ | Steve M. | Wednesday 7:15a Online MWI hotline / phone coordinator |
| --- | --- | --- | --- | --- | --- |
| ☒ | Rachel S. | MWI Board: Vice Chair | ☒ | Marge | Wednesday 12p Wellesley |
| ☒ | Sue M. | MWI Board: Treasurer | ☒ | JB | Wednesday 7:30p Acton / Online |
| ☒ | Nancy G. P. | MWI Board: Website coordinator R6 rep | ☒ | Suzanne D. | Thursday 7:30a Online |
| ☒ | Chloe | MWI Board: Recording Secretary | ☒ | Susan G. | Thursday 12p Gov’t Center / Online R6 rep, supporting Diversity & Inclusion |
| ☒ | Barbara K. | MWI Board: Corresponding Secretary | ☒ | Ronda Y. | Fri 6:15p Cambridge / Online Newsletter coordinator |
| ☒ | Bob K. | Sunday 9a Jamaica Plain | ☒ | Kathy B. | Saturday 9a Westwood |
| ☐ | Susan R. | Sunday 10a Framingham | ☒ | Beth K. | Newcomer workshop coordinator |
| ☐ | Mary B. | Monday 12p Marlborough | ☐ | Emily B. | Special focus workshop coordinator |
| ☒ | Damien C. | Monday 7p Cambridge / Online Sponsor bank coordinator (outgoing) | ☒ | Jeff B. | Member, supporting Diversity & Inclusion |
| ☒ | Alan F. | Monday 7p Brookline / Online | ☒ | Jay L. | Member, outgoing newcomer workshop coordinator |
| ☒ | Blair P. | Tuesday 7:15p Newton WSBC delegate, R6 rep, Zoom account coordinator, supporting Diversity & Inclusion |  |  |  |

Rachel S. opened the meeting at 9:05 am with the Serenity Prayer, an introduction of those present, a statement of the purpose of our meeting. Rachel provided Paula and JB with a brief orientation.

Michael P. read the 12 Steps, Kathy B. read the 12 Traditions, Bob K. read the Concept of the Month and Blair read the MWI’s Strategic Plan.

Susan G. and Bob K. volunteered to review the Minutes.

**Old and/or Ongoing Business**

1. Treasurer’s report: Sue M.

DEC 2021:

* Income: **$1,194.00**
* Expenses: **$411.36**
* Working balance: **$5,381.43**
  + Working balance EXCLUDES:
    - Prudent Reserve: $600
    - Unpaid 7th tradition (trad.) for DEC 2021 (paid quarterly): R6: $322.75 & WSO: $968.25
* Total Expenses for 2021: **$13,599.26**

1. 2022 Budget Meeting: Sue M.

A budget meeting was held on January 9th (members: Blair, Susan G., Sue, Jay, and Rachel). The Ad-hoc subcommittee suggests a budget of $11,000 for income (2021 income budgeted at $11,000, actual $12,651). Note that in general, group and individual donations were reduced from the start of the pandemic, although we have received more donations from groups during the pandemic compared to before the pandemic. What is the income trend? 2018-2021, slight downward trend. We will need to keep this in mind for budget planning.

Some of the expenses for 2022 include unpaid 2021 expenses. Projected expenses for 2022 are 2K over projected income, including current working balance. The subcommittee asked the larger group about Tik Tok, CRISP, events, and Retreat. To be discussed later in the meeting. The Ad-hoc subcommittee will meet again to revise the budget after discussing a few budget items as a group. Blair noted that it is our intention to spend down our working balance to carry the message - we attempt this every year. In 2021, we ended up with +$67 and did not spend down our working balance.

DECISION: 16/16 voted to no longer give annual $150 donation to Newton Wellesley.

1. Strategic Goal Updates

* **Website & Social Media:** Nancy GP

Overall website metrics: 2,100 users, 2,700 sessions.

Impressions by page:

1,763 for Newcomers

1,252 for MWI home page

1,000 for MWI Meetings

377 for ‘Is OA right for you?’ quiz

Google Ad campaign: 1,710 clicks, 20,300 impressions (Dec 15– Jan 13). We received $6,060 in ads; ads are free to us as a non-profit. Search terms that continue to be most popular are OA, eating disorders, and binge eating disorder.

We need a new social media person since Laura C. ended their tenure in Dec 2021.

* **MWI hotline / voicemail (phone call coordinator):** Steve M.
* MWI December calls
* 20 calls
* 4 missed calls
* 8 requests for information - meetings
* 8 nobody there / robocalls
* **Workshops:**

SPECIAL TOPICS: Michael P. Emily B. is taking over as the special focus workshop coordinator for 2022. Only 1 attendee in November. Nancy isn’t promoting these meetings enough because info about the topic and a brief blurb for the future meeting has not been sent regularly. Blair noted that the next meeting (February 6th 2022) will be focused on zoom etiquette including how to handle disruptions in meetings.

NEWCOMERS: Jay. Beth K. will become the newcomer workshop coordinator. Jay noted that we have struggled with some technical issues: registration troubles, and those that register are not attending. Do we need to change the process? If needed, an ad-hoc subcommittee will be formed to consider changing the registration process / outreach to those who have registered.

* **‘Where Do I Start?’ pamphlet distribution to MWI meeting attendees**: Michael P. Mark sent a report to the MWI group before the MWI meeting. Since last month, 3 pamphlets have been sent to Massachusetts (West Roxbury, Ashland, Chelsea).
* **Sponsor Bank:** Need support to fill this position as Damien is moving on. Ronda will include this in the newsletter.

**Initiatives:**

1. **Diversity and inclusion (D&I) ad-hoc subcommittee (Jeff, Blair, and Susan G.):**

Jeff B - Continuing to meet frequently. Susan G. will be joining the ad-hoc subcommittee. Yoojin has expressed interest in learning more about the subcommittee. In December 2021, showed MWI a draft survey aimed at trying to understand the needs of LGBTQ and Folks of Color.

1. **Retreat:** Susan G. Historically we’ve used a location, Sacred Heart, that closed in 2019. We were scheduled to have retreats in 2020 and 2021 - both didn’t happen due to pandemic. We have a $500 deposit with a place we were going to hold the retreat in 2020. Our retreats require commitments of large amounts of money, so we also need to discuss this early. It will probably cost 10K to hold the retreat (contract). Sometimes we have a shortfall of attendance and we don’t recoup that 10K (that happened in 2019). We need to ensure that we have a few thousand dollars so that we can fund a retreat in 2023. Suggestion to put a dollar amount in this year’s budget to help cover costs for that retreat. Recommended we start with 3K. Rachel mentioned jointly offering with MBI, who will also contribute funds.
   1. Motion made to not have an in-person retreat this year. 15/16 Voted yes to not holding an in-person retreat in 2022.
   2. Moved the budget question to the budget discussion.
2. **CRISP:** Nancy GP. Will be discussed during the budget discussion at the end of the meeting.

**NEW BUSINESS:**

1. **2021 Wrap-up:** Michael P. We answer to our meeting members and individual members. We should issue a report to our membership. Draft was circulated to past and current MWI board members. Bob K. asked to be sent the draft.
2. **Joint Events with MBI:** Rachel. Discussed the history of why MBI and MWI serve the same geographic area: folks unhappy with how meetings were being run (eg. 90-day focus). Objections specifically to newcomers not being able to speak until 90 days. Folks who were concerned about this moved out to form a new intergroup: MWI. Now, 40 years later, having two different intergroups seems divisive, and not fostering unity, diversity, and inclusion. Rachel has been in touch with Bobbie, chair of MBI. A proposed step forward is to hold joint events. First event on the calendar is Unity Day on Feb 26th, 2022.
   * Unity Day Event, February 26: any volunteers?
   * 2023 Face to Face Retreat
   * 2022 Virtual Retreat?

Susan G. noted that having these two different IGs do a joint event is sometimes relevant, and sometimes not. If we are going to do joint events like a retreat, the message can’t be that you have to have a particular food plan to be in the program, and that you can’t share without 90 days of abstinence. We will need to address that in advance of the event. Newcomers could be very confused otherwise. Beth K. added that she found that an MBI intergroup rep for a meeting was not able to serve at MBI because of an abstinence requirement for being a rep. Blair confirmed during the meeting that there is no abstinence requirement for MWI. Nancy GP noted this is a bigger conversation than just for today, but appreciates that we are starting to take baby steps to integrate us.

Rachel asked if there were any objections. Susan suggested that 1) we read the traditions so it’s clear to all attendees where OA as a whole stands, and 2) that there be no restrictions on speaking, and that there be equal representation of speakers.

Rachel noted that we may not be able to get a Unity Day event going, Blair noted that without a volunteer by this coming Tues/Weds to plan, we can’t move forward with it. Rachel has some people in mind to call.

Rachel will connect with Bobbie to ask about a joint Face to Face Retreat.

**Initiatives:**

1. Carrying the message to the public: Michael P.

**2022 Budget Re-Review:**

* Retaining $3,000 for a possible 2023 Retreat was discussed.
* MWI support of Young People’s Intergroup and social media promotion ended in December 2021.
* CRISP: Michael P. noted we can’t vote on this today. Are the things we’re getting in the paid version of the service justifying the use of the paid version? Blair said, let’s budget for it anyway, and if we vote later not to use it, that’s ok.
* PIPO budget- Michael P asked about what we spent the $90 on last year? Rachel will look for it and find it. Blair initially suggested $150 for now. We were considering using this for outreach to medical professionals via LinkedIn or other avenues. Susan G. suggested that since we don’t yet have a proposal we should wait to fund until we do but mentioned that LinkedIn is expensive ($500). Blair suggested that we budget $500 for now, and see how things crystalize over the next couple months.
* Income: Sue M. is planning on sending Thank you notes to folks who donated. Also, having MWI reps and board members attend meetings to explain the use of funds also helped. These seemed to keep contributions flowing, according to Sue M.
* Nancy GP suggested highlighting the fixed costs that we know for sure we will spend, and delineate that from costs we’re not sure we’ll spend.
* Blair moved that the budget ad hoc committee meet once more to revisit the proposed budget and get income minus and expenses clarified, and then discuss as a whole at IG next month. Nancy GP seconded. 13/16 voted.

**Upcoming MWI events:**

**Sunday MWI Workshops**

When: Sundays, 1:30 – 2:30 pm Eastern time unless otherwise specified below.

Meeting ID: 705 658 2426, password 402153. See MWI website for call-in #s

* First Sunday of the month, special topics
  + 2/6/2022, topic: Zoom Etiquette & How to Handle Disruptions
* Last Sunday of the month, Newcomer’s Meeting

**Other events:**

* Intergroup Renewal brainstorming sessions [hosted by Westchester United Intergroup (WUIG)]: 1st Thurs. of month starting January 2021 (meets monthly, ongoing): 7-8:30 pm Eastern <https://zoom.us/j/668275613>; Meeting ID: 668 275 613, passcode: 121212

**Please see Summary of Announcements for IG Reps sent separately.**

The meeting adjourned at 10:33 am with the ‘ I put my hand in yours’ prayer.

Respectfully submitted by Chloe V., Recording Secretary