Summary of Announcements
MetroWest Intergroup

Jul-Aug 2022

Please make these announcements at any meetings you attend, as a valuable way to Carry the Message. Thank you for your service.

1st chat message:

For updates, see the MWI website: https://www.metrowestoa.org

SPECIAL TOPIC WORKSHOPS:
Aug. 7: "Navigating Events, Parties, Gatherings, and Vacations," part of the Design for Living series. 1:30-2:30p Eastern
Meeting ID: 705 658 2426, passcode: 402153
Sept. 4: "Continuing," a Step 10 workshop that is part of the Design for Living series. 1:30-2:30p Eastern
Meeting ID: 705 658 2426, passcode: 402153
See MWI website for call-in #s https://www.metrowestoa.org/news-and-events/

NEW TO OA?
Hard copy newcomer pamphlets can be mailed to you. Please email info@metrowestoa.org and include '**Newcomer Literature Request**' in the subject line. Provide your first name, last initial, and your mailing address.

Attend a Newcomer meeting on Sundays, 7-8p Eastern
Meeting ID: 705 658 2426, passcode: 402153

Need a sponsor? Email MWI at info@metrowestoa.org and include '**Sponsor**' in the subject line.

2nd chat message:

SPREAD THE WORD, TELL A FRIEND! All times listed below are Eastern
People of color-focused meeting on Wednesdays, 8-9p
Meeting ID: 705 658 2428, passcode: 402153

Meditation & writing-focused meeting on Mondays, 7-8p
Meeting ID: 881 8794 2541, passcode: 547659

This month's "Flash mob" is 8/13/2022: Saturday 9:30am H.O.W., Steps, and Traditions meeting.
Zoom: https://zoom.us/j/89542931349 OR call 1-301-715-8592; Meeting ID: 895 4293 1349, pass code: 636684

Want to receive our bimonthly MetroWest Newsletter? Provide your name, last initial, and email address to info@metrowestoa.org and include '**Newsletter**' in the subject line.

3rd chat message: (suggestion- pick just one of these per week to post and rotate through the announcements)

SERVICE OPPORTUNITIES:
Be a speaker / Need a speaker? MWI keeps a speaker bank. Add your name or request the list by emailing speakers@metrowestoa.org and include **'Speaker'** in the subject line. POC speakers or those with anorexia/bulimia are needed.

Join the MWI sponsor bank: MWI keeps a sponsor bank. Add your name to the list by emailing info@metrowest.org and include **'Sponsor'** in the subject line.

Come see what happens at MWI business meetings! Join us on the 3rd Saturday of the month at 9-10:30a Eastern. The meeting is open to anyone, even if you've never come before!
Meeting ID: 705 658 2424, passcode: 402153