# Summary of Announcements MetroWest Intergroup

#### Jul-Aug 2022

Please make these announcements at any meetings you attend, as a valuable way to Carry the Message. Thank you for your service.

### 1st chat message:

For updates, see the MWI website: https://www.metrowestoa.org

#### **SPECIAL TOPIC WORKSHOPS:**

Aug. 7: "Navigating Events, Parties, Gatherings, and Vacations," part of the Design for Living series. 1:30-2:30p Eastern

Meeting ID: 705 658 2426, passcode: 402153

Sept. 4: "Continuing," a Step 10 workshop that is part of the Design for Living series. 1:30-2:30p Eastern

Meeting ID: 705 658 2426, passcode: 402153

See MWI website for call-in #s https://www.metrowestoa.org/news-and-events/

#### **NEW TO OA?**

Hard copy newcomer pamphlets can be mailed to you. Please email <u>info@metrowestoa.org</u> and include 'Newcomer Literature Request' in the subject line. Provide your first name, last initial, and your mailing address.

#### Attend a Newcomer meeting on Sundays, 7-8p Eastern

Meeting ID: 705 658 2426, passcode: 402153

Need a sponsor? Email MWI at info@metrowestoa.org and include 'Sponsor' in the subject line.

### 2nd chat message:

### SPREAD THE WORD, TELL A FRIEND! All times listed below are Eastern

People of color-focused meeting on Wednesdays, 8-9p

Meeting ID: 705 658 2428, passcode: 402153

Meditation & writing-focused meeting on Mondays, 7-8p

Meeting ID: 881 8794 2541, passcode: 547659

This month's "Flash mob" is 8/13/2022: Saturday 9:30am H.O.W., Steps, and Traditions meeting.

Zoom: https://zoom.us/j/89542931349 OR call 1-301-715-8592; Meeting ID: 895 4293 1349, pass code: 636684

Want to receive our bimonthly MetroWest Newsletter? Provide your name, last initial, and email address to <a href="mailto:info@metrowestoa.org">info@metrowestoa.org</a> and include 'Newsletter' in the subject line.

3rd chat message: (suggestion-pick just one of these per week to post and rotate through the announcements)

## **SERVICE OPPORTUNITIES:**

**Be a speaker / Need a speaker?** MWI keeps a speaker bank. Add your name or request the list by emailing <a href="mailto:speakers@metrowestoa.org">speakers@metrowestoa.org</a> and include **'Speaker'** in the subject line. POC speakers or those with anorexia/bulimia are needed.

**Join the MWI sponsor bank:** MWI keeps a sponsor bank. Add your name to the list by emailing <a href="mailto:info@metrowest.org">info@metrowest.org</a> and include **'Sponsor'** in the subject line.

**Come see what happens at MWI business meetings!** Join us on the 3<sup>rd</sup> Saturday of the month at 9-10:30a Eastern. The meeting is open to anyone, even if you've never come before!

Meeting ID: 705 658 2424, passcode: 402153