

# MWI Meeting Minutes

July 16, 2022

## PRESENT

JB- Rep Acton noon mtg, Newsletter

Barbara- Corresponding Secretary

Chloe-Recording Secretary

Michael- Chair and Region 6/WSBC delegate

Bob- Rep for Fri night BBSS meeting

Jean- Rep for Hopkinton BB Monday night meeting

Marge- Rep Wellesley noontime meeting

Alan- Rep for Monday men's Brookline

Blair- Rep for Tuesday night BBSS meeting, and Region 6/WSBC rep

Rachel- Vice Chair

Susan G. Rep for Thursday noon Government Center meeting

## SERENITY PRAYER 9:00 a.m.

- Introductions
- Michael moved into a breakout room with Bob to go over the Orientation for new members. (Reminder that MWI's role is to further our strategic goals through projects we identify as action steps, and report back to our meetings on what is going on in Intergroup. The Chair of Meeting will move the meeting along if too much time is given to one agenda item, questions and cross-talk are encouraged, Intergroup Reps are to cast one vote for their meeting and identify their meeting during introductions)
- [Readings](#): Barbara K read the 12 Steps, Jean read the 12 Traditions, JB read the 12 Concepts of Service (short version), Marge read MWI's Strategic Goals
- Volunteers for minutes review (need 2 people)- Marge and Susan

## OLD and/or ONGOING BUSINESS 9:15 am

- ❑ Treasurer's report: **Sue** (Treasurer) was not present at the meeting so the report was not discussed, and will be discussed at the next MWI meeting. Rachel explained that the report had been sent out to all reps for reference. Two months will be reviewed live at the next meeting.
- ❑ Strategic Goal Updates:
  - Website and Social Media: **Nancy** was not able to attend the meeting, but sent out report to the group via email. Blair volunteered to discuss the metrics, but the group agreed to review the report Nancy sent out. Michael noted that this month, Boston was the third city, behind London and New York. Explained that we are the landing page of a lot of people. Rachel explained that we need additional support with the web site. Rachel suggested that we put the website need in the announcements. Chloe offered to talk with Nancy about volunteering for this service. Blair is also interested. JB mentioned he would also like to get trained, and that others may want to get trained. Susan G. suggested that we may be false advertising if we offer this as a service opportunity when two-three folks are already interested/in the wings. Rachel stated that in fact we should not put this in the announcements.
  - Hotline / Voicemail: **Steve M.** was not present but will send in a report and Rachel relayed that he asked that Chloe will add to the minutes- Chloe confirmed she will.
  - Workshops:
    - ❑ Special Topics: **Michael / (Emily B.)** Michael explained that publicizing a month in advance is very helpful! Emily B has had 20+ folks at each workshop. Blair stated that someone asked her how to find out topics for workshops, and that the person was interested in a workshop for folks with T2D (Type 2 Diabetes). Michael explained that the topics we have come from our survey on "what do you want in a workshop"  
No July workshop

- Aug. 7: “Navigating Events, Parties, Gatherings, and Vacations,” part of the Design for Living series of workshops.
  - Sept. 4: “Continuing,” a Step 10 workshop that is part of the Design for Living series.
  - ‘Where Do I Start?’ pamphlet distribution: 1 pamphlet to the UK. **Jean** explained that she has not obtained the pamphlets yet from Mark, but asked the group how she gets the notification. Blair explained that Barbara K forwards those notifications to Jean. Jean asked that she continue to send to Mark until they pass off the information.
  - Diversity and Inclusion: POC Meeting Recaps: **Blair, Jeff, Susan G.** Blair stated there’s not much to report, except it’s going well and there are 5-7 folks each week, and thank you to reps for promoting.
  - Meeting at Turning Point, Walpole treatment center (SCMI, MBI to share): **Michael** - no updates this month
- ❑ **Support for meetings transitioning to hybrid format:** adding tips to our meetings page. Rachel asked if tips have been added to our page and Michael stated he doesn’t know and maybe that’s a task for the new website volunteer, Chloe :). Bob M. asked about tips/guidance for hybrid formats, and expressed appreciation for the Millbury meeting that had a good setup. Barbara has some documents from the Cape Cod Intergroup, but it’s not currently on our website. Rachel will talk with Nancy about making sure these tips/considerations for hybrid meetings get onto our website.
- ❑ **Ad Hoc Committee** to consider what to include in announcements. **Blair** reported on the ad hoc committee (Barbara, Susan G. Blair and Chloe). Goal: reduce overall wordcount, break up into smaller chats, and eliminate funky formatting/bullets. Blair showed off the new version. Chloe will move forward with using this version/layout.

#### Initiatives:

- Outreach to Healthcare Professionals - Addition of new tab to our website - **Nancy, Michael.** Rachel mentioned that Beilah R. is working on getting more commitments. Rachel mentioned that there were 10 PCPs who attended the last commitment. Michael stated that this is Beilah’s brainchild and that it is working well. Rachel stated she will reach out to Beilah to let her know how grateful we are and to ask if there are other upcoming commitments.
- What the Speaker Bank coordinator does, how it works, process for distributing speaker names - **Beth K., Blair.** Blair explained that the original idea was that someone seeking a speaker would email the keeper of the list, and then that person would send specific speakers that might meet their need vs. the whole list. Blair explained that when the young people’s meeting reached out to get “any” kind of speaker, the question was raised if we should only share the young speakers. Blair asked if we should consider sending 4-5 names to those who request or should we send the whole list to every request. Barbara asked about what information is on the list, and how big it is, and how it is maintained, etc. Blair explained the info listed is name, phone number, and if they sponsor in a particular way, and once a year, the list is updated (volunteers call all the names and update accordingly). Susan G. asked- why wouldn’t we give them the whole list? What are the pros and cons of sending a few names or the whole list? Blair mentioned that where there’s a special topic, it is helpful to tailor the list. JB asked if the list indicates special topics. Blair asked if maybe we’re not publicizing this enough. JB requested a blurb for the newsletter. Chloe mentioned that the two pros of NOT sending the whole list is 1) helping to save the receiver some time, and 2) being good stewards of the list. Barbara K asked about what ARE the special topics we’re looking for? Blair shared her screen and showed that the special topics includes 100-lb-ers, BBSS/HOW/Steps. Rachel suggested direct asks from sponsors/reps to sponsees/meeting members. Blair will check in with Beth K. to bring her up to speed on the discussion, and we will discuss again next month.
- **Sponsor Bank:** Michael explained that Shelley will be keeping the list from now on, and that he has now been oriented to the position. Rachel mentioned that in the past we’ve had updates from the Sponsor bank keeper, and while the person doesn’t need to come to the meeting, a monthly update on activity will be great. Michael will discuss with Shelley. Barbara K will obtain his contact info for forwarding sponsor requests.

- We have a folder on the Google drive for meeting phone lists. It only contains one, added in 2019. Do we want to add others? How would they be used? **JB** mentioned that groups should keep their own lists, and that keeping these lists updated will be a challenge. **Bob** raised concerns about the security of that information. Blair explained these lists are only on the drive, not on the website, but that there are security suggestions for meetings to prevent zoom bombing, etc available to meetings. Chloe moved that we delete the list and folder, Blair seconded. 9/10 eligible voters voted yes. Blair will remove the list and folder.

Michael expressed gratitude to folks for their attendance and service.

#### **UPCOMING MWI EVENTS**

##### **Sunday MWI workshops**

When: First Sunday of the month, special topic workshop, 1:30-2:30p Eastern

Meeting ID: 705 658 2426, password 402153 -> [see MWI website for call-in #s](#)

- Aug. 7: "Navigating Events, Parties, Gatherings, and Vacations," part of the Design for Living series of workshops.
- Sept. 4: "Continuing," a Step 10 workshop that is part of the Design for Living series.

→ <https://www.metrowestoa.org/news-and-events/>

## UNITY PRAYER

I put my hand in yours, and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we each depend upon our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams.

**ADJOURN 10:30 am**