

## MWI Meeting Minutes

Aug 20, 2022

Michael-chair

Susan G- Thurs Govt center noon

Jackie- rep for Monday morning meditation meeting

Kathy B- westwood

Paula- Acton Weds 730

Blair- Rep for Tuesday night BBSS meeting, and Region 6/WSBC rep

JB- Rep Acton noon mtg, Newsletter

Connie H. Sat Am HOW 9:30am

Barbara K-Corresponding Secretary

Marge M. Rep Wellesley noontime meeting

Sue M.- Treasurer

Beth K. - Speaker bank, 9:30AM Sat HOW delegate

Chloe-Recording Secretary

### SERENITY PRAYER 9:00 a.m.

- Introductions
- No new members present so no orientation needed. (Reminder that MWI's role is to further our strategic goals through projects we identify as action steps, and report back to our meetings on what is going on in Intergroup. The Chair of Meeting will move the meeting along if too much time is given to one agenda item, questions and cross-talk are encouraged, Intergroup Reps are to cast one vote for their meeting and identify their meeting during introductions.)
- [Readings](#): Kathy B. read the 12 Steps, Barbara K read the 12 Traditions, Blair P read the Concept of the Month (short version), Paula read MWI's Strategic Goals
- Volunteers for minutes review (need 2 people) Jackie, Beth K

### OLD and/or ONGOING BUSINESS 9:15 am

- ☐ Treasurer's report: **Sue** presented June and July, as she was not present at last month's meeting. Started with reviewing June. Asked if anyone had questions and highlighted that it was a big month for contributions- a little over \$2,000, and very few expenses. It was the end of the quarter. Working balance as of the last meeting was almost \$4400. Sue then presented July's report:  
798 in contributions  
26.21 in paypal fees  
Noted that she hadn't made contributions to WS/R6 until yesterday. 10% and 30% (next contributions will be made in October.  
As of August 18th, Working balance: \$5,790.03  
Sue noted that per folks' request, the report now includes last month as well as this month last year as a comparison. Blair asked if the donations yet to be made aren't included in the working balance, but Sue said no, all unpaid expenses are already included in the report. Susan thanked Sue for their service and then noted that we have a large working balance. Susan asked if this is because there are large annual expenses that haven't been paid yet this year (eg. insurance?). Sue noted that while we've only paid ~6,000 YTD, but we've budgeted 17K because of insurance, R6 convention expenses. Sue also mentioned that though we had big donations in June and that might not happen at the end of every quarter.
- ☐ Strategic Goal Updates:
  - Website and Social Media: **Nancy** not present, so Blair spoke in Nancy's stead on one slide of the google analytics home. We've 1,100 users and 1400 sessions with session duration of 1m. Bounce rate 60%, which means the majority of folks found what they needed and then jumped off. Nancy's working with vendor to establish a social media contract. July/Aug traffic is historically slower. Nancy's gonna call google for an ad tuneup - something that needs to be done periodically, and will

be getting up and running with my pocket partner in September.

Jackie asked about the internet report- what does 1minute mean? Is that how long they are on the page, or reading the ad? Michael explained 1min on our site. We can assume that's how long it took to get what they needed, or they gave up and didn't- we don't know exactly what that means. Blair clarified that these visits are the result of our ads that come up when someone googles something related to compulsive eating/etc.

- Hotline / Voicemail: Michael related **Steve M.'s report** Total of 9 calls, 3 missed 3 voicemail 3 spam 3 conversations 1 text. June 11 calls, 5 missed, 1 voicemail, 4 spam, 2 convos. Fewer requests for meetings, but a few questions about why sponsor phone/sponsor requests not answered. Michael reminded us that we had had a break in sponsor responses, but Shelley is on it now, and Barbara K stated we've had only one request for sponsors since- and forwarded that on.
- Workshops: Michael relayed Emily B's report, as follows:
  - In August, 9 participants heard two speakers on traveling and attending events abstintently.
  - Sept. 4: "Continuing," a Step 10 workshop that is part of the Design for Living series.
  - Oct. 2: Coming Out of Relapse: Surviving and Thriving

Barbara mentioned that we created a tip sheet based on our workshop, and stated that this was helpful and could do this for future workshops.

Reminder that the workshops are: 1:30-2:30pm Eastern

- 'Where Do I Start?' pamphlet distribution: 1 pamphlet to the UK. Michael relayed **Jean's** report: 2 pamphlets sent out this month.

☐ Support for meetings transitioning to hybrid format: adding tips to our meetings page. Susan asked about which meetings are meeting live. Blair stated it's listed on the website and thinks there are 2 that are live and maybe 2 that are hybrid.

☐ Sponsor bank update **Shelley/Michael**

#### Initiatives:

- Outreach to Healthcare Professionals - Addition of new tab to our website - **Nancy, Michael**  
Beilah met with healthcare professionals in Kenmore Square. We're also adding info to the website.
- What the Speaker Bank coordinator does, how it works, process for distributing speaker names - **Beth K., Blair** Beth stated when she took on the position, started with the spreadsheet of names, and Blair and Beth talked about how to use/structure the process- didn't initially know if she should match the request to names on the list, or just give them the whole list. Blair clarified that someone could be a young person's speaker if they came in when they were 18-30 according to WSBC, even if they are much older now. The categories on the list are now A/B, POC- wants to get a bit more detail on how to manage/collect the ideas. Blair stated that when they met, discussed that how folks speak at meetings (e.g. someone that had anorexia experience in the past) may not be reflected in their name on the list since that might not be their dominant story. Suggestion was put forward to call folks every 3 months to refresh the list. Jackie suggested matching if there's time. Sue stated she wouldn't feel comfortable making matches, and should let the speaker getter sift through the list. Barbara K stated we should just give folks the list, and also noted that when we add people to the speaker bank, we don't ask enough detailed info to know who's a good match. We don't even know where folks live. JB appreciated what we're trying to do here, and expressed the concerns- our focus should be to carry the message, and we can trust the committee to make a decision based on the feedback you get from the folks you find speakers for, and what kind of time they have. Beth K asked that we may want to have a requirement that people have a certain amount of abstinence, but stated that that gets kind-of complicated, and also noted that we only have 2 special focus meetings

in MWI- young folks and POC, so maybe those are the only categories we need. Blair stated she voted no on abstinence requirements. Michael stated we are a utility, but not a social service agency- we want to help people get speakers, but we don't have the capacity to interview everyone on the list and keep it updated monthly to find out if they are still abstinent, but we can ask folks when they join the list they volunteer any special topics, and then we can suggest to the speaker bookie how to talk with a speaker about what they want them to focus on. Paula asked about qualifying (30/90 d), it's up to the speaker bookie to ask the speaker about their meeting requirements. Susan G. made a motion that 1) we give the whole list to any bookie, and 2) that every 3/6 months (or whatever the committee deems possible) the keepers of the list call folks on the list to update. Sue seconded, and stated that we make a disclaimer at the bottom of the list about how it's managed. JB suggested that we shouldn't be doing the committee work here- and that we can and should trust the committee to make a suggestion. Blair stated that Beth and Blair didn't feel comfortable just moving forward without guidance from intergroup, but she agrees that we are all trusted servants.

**Motion on the floor, Blair called the question and Chloe restated the motion (proposed by Susa G and seconded by Sue M as outlined above):**

1) we give the whole list to any bookie, and 2) that every 3-6 months (or whatever the committee deems possible) the keepers of the list call folks on the list to update.

VOTES: 10 in favor, 1 abstention, missing 2 votes (michael off camera) Motion passed.

Chloe reminded the group that during our discussion last month, the group mentioned that information discretion/privacy is valuable, Michael reminded us that when people give us their name- they understand that this is what they are giving their name for. Jackie stated that the committee can ask folks how they want to be listed and remind them how it's gonna be used. Blair stated that the only way someone gets on the list is requesting it and can state how they want to be listed/shared. Blair shared that we could do two things before we start sending out this list de novo, that a small line in the announcements- wondering if we should change the messaging, and convene a small group to call the folks on the list right now so we can clean up the list now/clean slate state the purpose and use of the list. Sue M and Susan G volunteered to assist with this effort. JB stated that the privacy thing is really important and wouldn't want his name on the list, but affirmed that the committee is doing a great job and everyone has brought up great points. Jackie raised the question around how many folks are in OA who would meet the special focus requirements. Blair reminded the group that the list is of any speakers, including some with special identification (eg. young person, POC). Michael clarified that Beth is doing the lion's share of the work.

## **NEW BUSINESS 10:15**

Michael explained that our insurance (helps protect us if someone falls at a meeting). Rachel dealt with this and the bill will be going to Sue. Sue stated that she has the sheet of disclosures but doesn't know the amount yet, and that the bill is either going to Rachel or Sue (if to Rachel, will forward to Sue).

R6 is coming up on August 26th, and our meeting is entitled to 4 delegates, and we have 3: Nancy, Blair and Michael. Susan G mentioned that she thinks the positions are filled, but Michael stated that he'd received an email from R6 that we have an open spot. Michael stated that this is a great opportunity for service. Michael stated that it costs 10, which intergroup pays, and that the position is for a year. Susan G. stated that the R6 committee she's volunteering on meets monthly, and if you don't choose one they assign you one so it's a commitment you make. It's our understanding that our bylaws (in MWI) don't have an abstinent requirement but R6 does have a requirement. The R6 Assembly itself goes from 9-5 2x/year. Blair stated that the MWI bylaws *require* that folks have held one year of service beyond the group level, and *prefer* that you

have at least 1 year of abstinence and 2 years of service beyond the group before you can join R6. R6 *requires* 6 months of current abstinence. Next R6 meeting is Sept 16, which conflicts with this meeting. Blair has decided to cast her name in for a R6 board role, which will be voted on in Sept, which means that she will no longer be able to serve as a delegate. Blair, Michael and Nancy's term goes through the fall of 2023, and if the 4th delegate comes in now, they would be there for Fall 2022, Spring 2023, and Fall 2023 R6 meetings. Michael asked- with the permission of the group conscience, people could reach out to Michael directly he would pass it along to R6 directly. Blair mentioned that it would be lovely to put in a special blast about this- maybe JB could include this in newsletter, and that this is a tremendous service. Michael seconded that this is an incredible contributor to ones program. Michael also mentioned that there is an intergroup renewal workshop put on by R6, and that while our intergroup is doing really well, the workshop was a strong contributor to the renaissance/new strategic goals of this intergroup when Nate and Blair went last time. Michael stated that it was an "explosion of guidance and perspective on things that make the intergroup hum" when he attended last Sept. For example, he learned about IG recruitment at that meeting. Stated that if you're considering, let him know.

Michael concluded the meeting by reminding the group that anyone can let him or Rachel know about agenda items.

Quick review of announcements:

Blair stated that there's an additional announcement in the announcements folder in the google drive regarding guests the R6 assembly, and the need for keynote speakers. Michael suggested we also include we need delegates. Susan mentioned that we should also include the convention.

#### **UPCOMING MWI EVENTS**

##### **Sunday MWI workshops**

When: First Sunday of the month, 1:30-2:30p Eastern

Meeting ID: 705 658 2426, password 402153 -> [see MWI website for call-in #s](#)

- Aug. 7: "Navigating Events, Parties, Gatherings, and Vacations," part of the Design for Living series of workshops.
- Sept. 4: "Continuing," a Step 10 workshop that is part of the Design for Living series.
- Oct. 2: Coming Out of Relapse: Surviving and Thriving

Closed with the Unity Prayer at 10:18AM

## UNITY PRAYER

I put my hand in yours, and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we each depend upon our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams.