# Summary of Announcements MetroWest Intergroup

Sep - Oct 2022

Please make these announcements at any meetings you attend, as a valuable way to Carry the Message. Thank you for your service. Select, copy and paste the chats one at a time, so as to not exceed the chat text limits for Zoom.

## 1st chat message:

For updates, see the MWI website: https://www.metrowestoa.org

### SPECIAL TOPIC WORKSHOPS, 1<sup>st</sup> Sunday of the month, 1:30-2:30p Eastern:

Oct 2<sup>nd</sup>: Coming Out of Relapse: Surviving and Thriving

Nov 6<sup>th</sup>: Step 11 - Seeking

Meeting ID: 705 658 2426, passcode: 402153

See MWI website for call-in #s https://www.metrowestoa.org/news-and-events/

**R6 Virtual Convention** is Oct 21-23, 2022 (virtual). Registration is open: <a href="https://oaregion6.org/2022-convention/">https://oaregion6.org/2022-convention/</a>. Scholarships available.

#### **NEW TO OA?**

**Newcomer pamphlets** can be mailed to you. Email <u>info@metrowestoa.org</u> and include 'Newcomer Literature Request' in the subject line. Provide your first name, last initial, and your mailing address.

Need a sponsor? Email MWI at info@metrowestoa.org and include 'Sponsor' in the subject line.

### 2nd chat message:

#### **SERVICE OPPORTUNITIES:**

MWI needs a retreat committee co-chair to help organize the MWI June 2-4, 2023, retreat. Email <a href="mailto:info@metrowestoa.org">info@metrowestoa.org</a> to learn more. Please include 'Retreat co-chair' in the subject line.

MWI needs new officers (e.g. chair, vice chair, recording secretary, corresponding secretary) for 2023. One year commitment. Email <a href="mailto:info@metrowestoa.org">info@metrowestoa.org</a> to learn more. Please include 'MWI Officer' in the subject line.

#### 3rd chat message:

#### SPREAD THE WORD, TELL A FRIEND!

People of color-focused meeting on Wednesdays, 8-9p Eastern

Meeting ID: 705 658 2428, passcode: 402153

The Wednesday 7:30p Young People's meeting has closed, effective 09 SEP 2022

**The next "Flash mob"** meeting is October 10<sup>th</sup>, 2022. Monday 7:30a Step 11 Meeting Meeting ID: 838 971 915, passcode: step11, phone passcode: 218420

Want to receive our bimonthly MetroWest Newsletter? Provide your name, last initial, and email address to <a href="mailto:info@metrowestoa.org">info@metrowestoa.org</a> and include 'Newsletter' in the subject line.

(please see the next page for 4th chat message)

# Summary of Announcements MetroWest Intergroup

4th chat message: (suggestion - pick just one of these items per week to post and rotate through the announcements)

#### **MORE SERVICE OPPORTUNITIES:**

Be a speaker / Need a speaker? MWI keeps a speaker bank. Add your name or request the list by emailing <a href="mailto:speakers@metrowestoa.org">speakers@metrowestoa.org</a> and include 'Speaker' in the subject line. POC speakers or those with anorexia/bulimia are needed.

Are you a sponsor? MWI keeps a sponsor bank. Add your name to the list by emailing <a href="mailto:info@metrowestoa.org">info@metrowestoa.org</a> and include 'Sponsor' in the subject line.

**Come see what happens at MWI business meetings!** 3<sup>rd</sup> Saturday of the month at 9-10:30a Eastern. The meeting is open to anyone, even if you've never come before! Meeting ID: 705 658 2424, passcode: 402153