Summary of Announcements MetroWest Intergroup

Jan-Feb 2023

Please make these announcements at any meetings you attend, as a valuable way to Carry the Message. Thank you for your service. Select, copy and paste the chats one at a time, so as to not exceed the chat text limits for Zoom.

1st chat message:

For updates, see the MWI website: https://www.metrowestoa.org

SPECIAL TOPIC WORKSHOP: First Sunday of the month, 1:30-2:30p Eastern

February 5, 2023 - Body Image

Meeting ID: 705 658 2426, passcode: 402153

See MWI website for call-in #s https://www.metrowestoa.org/news-and-events/

Save the Date for our annual retreat: June 2-4 2023. Location: La Salette in Attleboro, MA

2nd chat message:

OPPORTUNITIES TO GIVE SERVICE:

This time of year, there are a lot of newcomers coming to OA, and you can help new folks get connected:

Join the weekly newcomers meeting Sundays 7-8p Eastern Meeting ID: 705 658 2426, passcode: 402153

Are you a sponsor? MWI keeps a sponsor bank. Add your name to the list by emailing <u>info@metrowestoa.org</u> and include **'Sponsor'** in the subject line. Temporary sponsors welcome.

Volunteer to respond to chat inquiries on our MWI website: Email MWI at info@metrowestoa.org and put "Web chat volunteer" in the subject line.

3rd chat message:

NEW TO OA?

Newcomer pamphlets can be mailed to you. Email <u>info@metrowestoa.org</u> and include 'Newcomer Literature Request' in the subject line. Provide your first name, last initial, and your mailing address.

Attend our Newcomer meeting on Sundays, all welcome and encouraged to attend! 7-8p Eastern

Meeting ID: 705 658 2426, passcode: 402153

Come early (5:45PM) to the Sunday in-person Brookline 6PM meeting, and someone will greet and orient you.

Need a sponsor? Email MWI at info@metrowestoa.org and include 'Sponsor' in the subject line.

4th chat message:

(SUGGESTION: choose one of these items per week to post and rotate through the announcements (or post all!))

SPREAD THE WORD, TELL A FRIEND!

Coming soon: Sponsorship programming! MWI will be putting on some programming in 2023 aimed at supporting folks to become sponsors, and to connect to sponsors. Stay tuned!

People of color-focused meeting on Wednesdays, 8-9p Eastern

Meeting ID: 705 658 2428, passcode: 402153

Summary of Announcements MetroWest Intergroup

Want to receive our bimonthly MetroWest Newsletter? Provide your name, last initial, and email address to info@metrowestoa.org and include 'Newsletter' in the subject line.

Want a voice in what the World Service Business Conference considers on their agenda this year? Send an email to Michael P. marbs@fisherblue.com before February 11th, 2023 to learn more.

MORE SERVICE OPPORTUNITIES:

MWI intergroup is looking for a Vice Chair. Must have at least 6 months of service at the intergroup level. Please send inquiries to info@metrowestoa.org and put "Vice Chair" in the subject line

MWI intergroup is looking for volunteers to help with MWI's social media, specifically to assist with posting to MWI's instagram and tiktok accounts. Email info@metrowestoa.org and include "social media volunteer" in the subject line

Be a speaker / Need a speaker? MWI keeps a speaker bank. Add your name or request the list by emailing speakers@metrowestoa.org and include "Speaker" in the subject line. POC speakers or those with anorexia/bulimia are needed.

Come see what happens at MWI business meetings! 3rd Saturday of the month at 9-10:30a Eastern. The meeting is open to anyone, even if you've never come before! Meeting ID: 705 658 2424, passcode: 402153