

MWI Meeting Minutes January 21, 2023

<input checked="" type="checkbox"/>	Michael P.	Region and WSC Delegate	<input checked="" type="checkbox"/>	Jackie	Rep for Monday morning Meditation meeting at 7:30 am
<input checked="" type="checkbox"/>	Rachel S.	Rep for Saturday morning HOW meeting	<input checked="" type="checkbox"/>	Paula	Friday 12p Acton
<input checked="" type="checkbox"/>	Sue M.	MWI Board: Treasurer	<input checked="" type="checkbox"/>	Susan G.	Thurs 12p Gov't center
<input checked="" type="checkbox"/>	Nancy G. P.	MWI Board: Website coordinator	<input checked="" type="checkbox"/>	Ellen C.	
<input checked="" type="checkbox"/>	Chloe	MWI Board: Recording Secretary	<input checked="" type="checkbox"/>	Bob	Friday 6:15p Cambridge
<input checked="" type="checkbox"/>	Barbara K.	MWI Board: New Chair!			
			<input checked="" type="checkbox"/>	Kathy B.	Saturday 10a Westwood
<input checked="" type="checkbox"/>	Jean	MWI Board, Corresponding Secretary, Rep, Monday 7p Hopkinton	<input checked="" type="checkbox"/>	JB	Newsletter
<input type="checkbox"/>	Blair P.	Tuesday 7:15p Newton WSBC delegate, R6 rep, Diversity subcommittee	<input checked="" type="checkbox"/>	Marge M	Wednesday Wellesley
			<input checked="" type="checkbox"/>	Alan F	Monday Brookline Men's meeting
<input checked="" type="checkbox"/>	Toni	Rep for Weds Eliot Church HOW mtg	<input checked="" type="checkbox"/>	Toni	Weds 7:15am Eliot Church HOW meeting Rep

Our Primary Purpose is Tradition 5: . . . “to carry the message to the compulsive overeater who still suffers.”

Zoom details: MWI Zoom Account #2

<https://zoom.us/j/7056582424>, Meeting ID: 7056582424, Passcode: 402153

Serenity Prayer: 9a

- Barbara K., our new chair, opened the meeting and led Introductions. Reminded the group that Jean is updating our roles and contact information, and requested that folks on the call email or text Jean to let Jean know about their role and contact information. Barbara K. then also reminded the group of the following:
 - meeting etiquette: REMINDER that the intergroup representative's (intergroup rep's) role is to: (1) Report back to their meeting on what is going on in the intergroup, and (2) Support MWI's goals through work on projects that MWI identifies as action or strategic goals.
 - Other information: If voting occurs, intergroup reps can cast one vote for the meeting they represent. Questions & cross-talk are encouraged. The chair will move the meeting along if too much time is given to one agenda item. Orientation for new members will be done in a breakout room, if needed.
- Readings (need 4 volunteers): Jean read the 12 Steps, Kathy B read the 12 Traditions, JB read the Concept of the Month (short version), and Paula read the MWI's Strategic Goals
- Volunteers for minutes review (need 2 volunteers): Sue and Kathy volunteered. Procedure: Provide edits or approval of minutes within ~3 days of the minutes being provided to you. Once the minutes are reviewed by the 2 volunteers, they are approved.
- Welcome MWI's new & returning board members for 2023:
 - Chair: Barbara K.
 - Vice Chair: **vacant**
 - Treasurer: Sue M. (continuing)
 - Website Coordinator: Nancy G. P. (continuing)
 - Corresponding Secretary: Jean E.
 - Recording Secretary: Chloe G. (continuing)

Old and / or Ongoing Business: 9:25a

- Treasurer's report: **Sue M.** reported in on December activity:
 - Total Dec contributions: of **\$1935**, and our overall contributions for the year were more than we had projected in our 2022 budget.
 - Total Dec expenses: **\$625.80**
 - Ending balance, matching bank account as of 12/31/22: **\$10,484.50**
 - Since Jan 1, \$560 in contributions, and current outstanding expenses (contributions to R6, WSO, paypal fees) that we have paid or will owe in Jan: **1,826.54**
 - Prudent Reserve = \$600 and 2023 Retreat Reserve = 3k
 - Working balance as of 1/19/23: **\$5,617.96**
 - Report approved by vote.
- Discuss / vote on 2023 budget
 - budget ad hoc subcommittee: Sue M., Rachel S., Nancy G. P., Susan G., Blair P.
- Projected income: 12K (actual for 2022 was 15K)
- Projected expenses:
 - Highlighted some important expenses for discussion: Social Media, CRISP, Website (Nancy suggested increase to 2K); We removed the donation to NWHF because no rent needed this year (MWI meeting has long term moved to Zoom)
 - Sue noted the following expenses as well:
 - Retreat reserve 3K for this year, and 500 for 2024 retreat
 - R6 and WSC will be in person this year, so we have set aside \$ to send delegates: 680 for R6 and 3400 for WSBC
 - Convention expenses: WSC convention not held again until 2025, so no scholarship \$ set aside. R6 scholarships: 190. R6 Convention raffle item: 120
- Chloe asked if the report needed to be attached to the minutes. Nancy explained it goes on the website, so anyone can go there to review.
- Michael P mentioned that he has a large suitcase of supplies from Margaret Ann and if we find we need certain supplies (e.g. pens)
- Sue M. explained that this budget has a deficit of -6,423.00, but since we have a working balance of 5,617.96 currently, this would lead to a total deficit of less than 1K. Sue also noted that our income projection is very conservative. Also explained that this budget does not include any income from the retreat, and asked if we should add a retreat income figure?
- Michael P expressed concern about a budget that has such a large deficit because it is not sustainable.
- **The budget committee will meet again and consider adding a retreat income figure, and then bring it to the group for a vote in Feb.**
- FYI: \$187.50 for google ads tagging costs: Nancy G. P. explained that there is a fee that needs to be paid for a broken link, and the group agreed to pay this to Nancy.

Strategic Goal Updates:

- Website & Social Media: Nancy G. P.
 - Nancy explained it was a surprisingly quiet month.. E.g. Michael asked about the newcomer page traffic being down 28%, and noted that one of our primary purposes is reaching newcomers, and Nancy explained that this was due to a broken link/tag, which has now been repaired, so we can't know for sure what the newcomer traffic was- probably higher than what's shown.
 - Michael asked about a good click through rate, and Nancy explained anything over 5% is good.
 - Nancy mentioned that we had more younger people this past month, by proportion.
 - Chloe asked about whether it was slower than last December? Nancy said she can look.

- January CRSP is starting to go back up again.
- Thank you Margaret Ann, Michael P, and Lisa D for doing service on CRSP!
- **Volunteer needed:** Toni asked about the needed social media volunteer. Nancy explained it's someone to post on insta and tiktok.

- **Volunteers also needed for 7p Sunday Newcomers** meeting- Nancy explained this is a great way to meet newcomers from all over the country.

Nancy Shared the following:

Newcomers Welcome In Person, Sunday 5:45 pm EST, IN PERSON: All Saints Church 1773 Beacon St. Corner Beacon St & Dean Rd. Brookline, MA 02445

MetroWest Weekly Newcomers Zoom Meeting

Every Sunday 7:00 pm EST

MWI Zoom: ZOOM link

mtg ID: 705-658-2426 OR call in (929) 205-6099

Contact us for the passcode

- Hotline / Voicemail: No report this month
- Sponsor Bank: If received, Barbara K. to shared report from Shelley: 2-3 folks some weeks, 6 people other weeks. Barbara K explained that the message that Reps should share is that this exists! Nancy will help Shelley with a broken editing access link to sponsor list. shelleyoa@gmail.com, or (617) 992-1500.
- 'Where Do I Start?' (WDIS) pamphlet: Jean E. sent out 2 pamphlets
- Flash mobs: Barbara explained we would hear about this next month instead.

New Business: 10:15a

- MWI 2023 Retreat: Rachel S. & **Susan G.** reported that we were having some trouble getting in touch with Lasalette coordinator, but once we did, they agreed to honor the original pricing, and are working on a contract now- they've agreed to our menu etc. We have full access to all break out areas, and the retreat committee will meet tomorrow, 1/22/23 to review the contract. Susan G. mentioned that when we couldn't reach Lasalette, she looked into our old venue, and named that we could go there in 2024 :).
- MWI sponsorship ad hoc cte & proposed survey: Chloe G.
 - Paula, Susan, Jean, Kathy B. volunteered to help with updating the list. Chloe will follow up with these volunteers with next steps and instructions (including questions to ask the folks on the list)
 - For surveying the membership of MWI: Michael P. and Sue M. would be helpful to do a membership survey. Chloe and Michael can work together on putting together a membership survey that would include sponsorship questions. Sue, Chloe and Michael P will bring the membership survey to the next business meeting. Michael proposed that we trust the trusted servants to do the poll and that if anyone wants to join the committee they can so we don't use vital MWI time to go through question by question.
- MWI roles spreadsheet for 2023: Barbara K. (See above, Jean is updating our roles and contact information, and requested that folks on the call email or text Jean to let Jean know about their role and contact information.)
- Changes to WSBC bylaws: Blair P. sent out 19 page document by email. WSBC agenda questionnaire, reps provide response to Blair & Barbara K. by 5p Eastern on 11 FEB 2023. We will discuss re during the MWI meeting on 18 FEB 2023: Blair P. via email
 - Michael explained that ideally, everyone read through the list and vote yes or no if an item should be on the agenda for the next WSBC. Barbara K explained that your Y/N vote is not about the proposal itself, but whether or not WS even take up the proposal for discussion/vote at their next meeting. Consider if the items break any traditions.
 - Michael asked that we include this in the announcements. Barbara K said yes!

Other / Closing: 10:25a

Barbara shared FYI R6 PI Blitz application (due date 31 JAN 2023): no volunteer to submit so we will not be applying in 2023. Barbara also noted that we are unlikely to get funded 2 years in a row anyway.

Recording Secretary review with group the possible announcements for Feb 2023

- Newcomers meeting volunteers needed
- Social Media volunteer needed
- WSBC questionnaire

Close with the Unity Prayer (see next page)

Adjourn: 10:30a

UNITY PRAYER

I put my hand in yours, and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we each depend upon our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams.