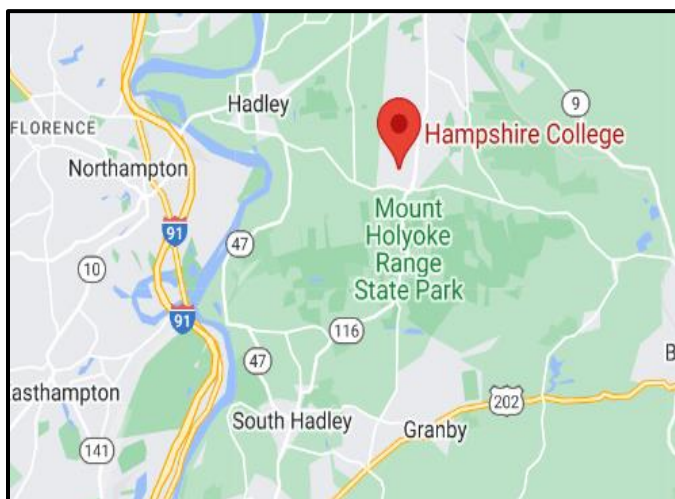


OA Western MA Intergroup 46th Annual Retreat A Guided Walk through the 12 Steps of OA Friday June 7th - Sunday June 9th, 2024

Whether you are a newcomer to Overeaters Anonymous or an experienced member, retreats are a fantastic way to experience recovery, delve into 12 Step work, spend some time with a Higher Power, and of course, make new friends along the journey. Come join us!

About Hampshire College

Located at the foot of the Berkshire Mountains on 800 acres of woods and meadows, Hampshire College will provide a welcome respite to reconnect with your HP and recharge your recovery.



Transportation Options

Bradley International Airport in Windsor Locks, CT is about 45 minutes away.

For more info visit:

<https://www.hampshire.edu/hampshire-experience/visit-us/directions-hampshire-college>

Accommodations

We will be residing at Merrill B Hall dorm. Plan on bringing a pillow, and bedclothes for a twin bed, towels, and a few hangers. A linens package of sheets and towels only is available for purchase for an additional fee.

Location: Hampshire College
893 West Street
Amherst, MA 01022
<https://www.hampshire.edu/admissions/visit-hampshire/campus-map>

Call or text Linda G for more information at 845-625-9016

Please do not contact Hampshire College for Retreat information.



Food Plans – Hampshire College will provide 5 healthy meals at the College Dining Hall which will provide hot dishes as well as a salad bar with vegan options which should accommodate most OA member's food plans. If you have specific dietary needs, please bring what you need.

Western Mass Intergroup Website:
www.oawmass.org

OVEREATERS ANONYMOUS WESTERN MASS INTERGROUP Retreat Registration Form.

Information - For information requests contact Linda G. at 845-625-9016. **Please do not contact Hampshire College directly.**

Cost - The cost is \$220 per person for single rooms. A limited number of rooms are available on the first floor so please note if you need that accommodation and register early. Rooms on 2nd and 3rd floor are available. A few rooms can be double if you would like a roommate, there is no difference in cost. Costs include accommodations, five healthy meals, and lots of recovery! Retreat space is limited-first come, first served.

Scholarships – Scholarships are limited and are available on a first come/first served basis. You must register with a **\$100** deposit before April 15, to be considered for a scholarship for the balance. Recipients will be notified by e-mail after May 1, 2024. Deposits will be returned if scholarships are unavailable. New scholarship applicants will be given preference.

Retreat Packets - Retreat attendees will receive directions, check in and menu details, itinerary, things-to-bring and instructions by email after May 15, 2024.

Check-in will take place on **Friday June 7th from 4 p.m. to 6:00p.m.** at Merrill B Hall. The retreat ends on **Sunday, June 9 at noon.** Lunch will not be served. Check out must be complete by 1:00 PM Sunday.

Cancellations - Cancellations are not refundable after **May 1, 2023.** However, you are welcome to find a substitute who can reimburse you if you are unable to attend.

To Register - Please fill out form below and mail it along with your check payable to **WMI Retreat** to: **WMI Retreat, P.O. Box 2911, Springfield, MA 01101.**

PLEASE PRINT CLEARLY!

Name: _____ Phone: _____ Email: _____

Home address: _____

Check any registration details that apply:

Payment:

_____ Enclosed is a check for **\$220** for a single room. Linen package not included.

_____ I would like a double room. My roommate's name _____

_____ **\$100** Scholarship deposit or I request \$_____ in scholarship funds and will pay the balance.

_____ Donation to scholarship fund _____ (Thank you!)

_____ I want a Linen Package (sheets and towels only) **\$25** **Total check enclosed \$**_____

_____ My room **MUST** be handicap accessible on the first floor (limited)

_____ I am willing to lead a small group meeting/topic/free time activity on: _____

_____ Please do not include: my name ___ phone ___ town ___ email _____ on the "We-Care List" which will be available to all retreat attendees at the end of the retreat.

Preferred gender pronouns _____