**June – July 2024**

Please make these announcements at any meetings you attend. Thank you for your service.

**FOR ZOOM:** If you are going to put the announcements in the chat, then select, copy and paste each of the 4 chat sections one at a time, so as to not exceed the chat text limits for Zoom.

1st chat message:

For updates, see the MWI website:<https://www.metrowestoa.org>

**SPECIAL TOPIC WORKSHOPS:** 1st Sunday of the month, 1:30-2:30p Eastern. Meeting ID: 705 658 2426, passcode: 402153

July 14 **(NOTE THE DATE)**: Hosting / being a guest, and navigating food with friends & family

See MWI website for call-in #s<https://www.metrowestoa.org/news-and-events/>

**2024 Region 6 Convention:** “Together We Recover,” Fri 10/25 to Sun 10/27, in Nashua, NH. Visit the website for info: <https://oaregion6.org/convention/>

**HELP! We need a Recording Secretary for MWI**. Strengthen your program or encourage a sponsee to do so. If interested in the role or want to learn more, please email [info@metrowestoa.org](mailto:info@metrowestoa.org) and include ‘**Recording Secretary**’ in the subject line.

2nd chat message:

**NEW TO OA?**

**Newcomer pamphlets** can be mailed to you. Email [info@metrowestoa.org](mailto:info@metrowestoa.org) and include ‘**Newcomer Literature Request**’ in the subject line. Provide your first name, last initial, and your mailing address.

**For a list of all MWI meetings:** <https://www.metrowestoa.org/meetings/>

**Come early (5:45p) to the Sunday in-person Brookline 6p meeting**, and someone will greet and orient you.

Check out the **resources page** on our MWI web site: <https://www.metrowestoa.org/resources/>

**Follow MetroWest on social media**: <https://www.facebook.com/oametrowest/> <https://www.instagram.com/oametrowest/> <https://twitter.com/MetrowestO>

**Central MA Intergroup** hosts an online Newcomers Meeting, Wed, Thu, and Fri at 6:30p. Check their website for login details: <https://centralmassoa.org/meetings/>

3rd chat message:

**OPPORTUNITIES TO WORK THE TOOL OF SERVICE:**

**Volunteer to be the MWI Newsletter editor!** Up your service by helping MWI in this role. To learn more, email [info@metrowestoa.org](mailto:info@metrowestoa.org) and include **‘Newsletter volunteer**’ in the subject line.

**Volunteer at the OA Region 6 convention:** Email [info@metrowestoa.org](mailto:info@metrowestoa.org) and include **‘Region 6 Volunteer**’ in the subject line.

**Volunteer to respond to chat inquiries on our MWI website:** Email [info@metrowestoa.org](mailto:info@metrowestoa.org) and include ‘**Web chat**’ in the subject line.

**Anyone looking to run a workshop?** Email [info@metrowestoa.org](mailto:info@metrowestoa.org) with ‘**Workshop**’ in the subject line.

(see next page)

4th chat message:

**Very important for all Zoom meetings:** Check out San Diego’s **Zoom Host Training** <https://oasandiego.org/zoom/>. It is a combined 2-hour class (with a break in the middle) covering Zoom hosting and security.

**Learn how to use a QR code to accept donations at your online meeting!** Email [info@metrowestoa.org](mailto:info@metrowestoa.org) and include ’**QR Code’** in the subject line.

**Are you a sponsor?** MWI keeps a sponsor bank. Add your name to the list by emailing [info@metrowestoa.org](mailto:info@metrowestoa.org) and include **‘Sponsor’** in the subject line. Temporary sponsors are welcome.

**If you’re interested in being on the Speaker List**, email [info@metrowestoa.org](mailto:info@metrowestoa.org) and include ‘**Speaker List**’ in the subject line.

**Come see what happens at MWI business meetings!** 3rd Saturday of the month at 9-10:30a Eastern. The meeting is open to anyone, even if you’ve never come before! Meeting ID: 705 658 2424, passcode: 402153.

5th chat message:

**THESE MEETINGS ARE IN PERSON:**

– Sunday 6p Brookline

– Monday 7p Hopkinton

– Thursday 7p Norwood

– Saturday 9:30a Cambridge (Hybrid)

– Saturday 9:45a Brighton

– Saturday 10a Westwood

**Reminders**:

* MWI has funds to help meetings start up or move back to in person or hybrid. Let us know how we can help your group!
* Even if you’re a zoom mtg, continue to collect your 7th tradition and send your contributions to Intergroup.

**Want to receive our bimonthly MetroWest Newsletter?** Email MWI at [info@metrowestoa.org](mailto:info@metrowestoa.org) and include ‘**Newsletter**’ in the subject line. Provide your name, last initial, and email address.

**Region 6 Events**

**Monthly Region 6 Intergroup Forums:** Not just for intergroup reps! Third Sundays of each month (no meeting in December). Go to <https://oaregion6.org/> for more Region 6 information.