

MWI Intergroup Zoom Meeting – April 19, 2025

Attendees:

1. **Nate O** – MWI Chair
2. **Sue** (Treasurer)
3. **Lois** – Sat Am HOW mtg
4. **Rachel S** – Reg 6 delegate
5. **Nancy GP** - Recording Secretary, National delegate, and paid web professional
6. **Mary M** – Sunday am 9:30 JP
7. **Beth K** – Sat Am HOW mtg
8. **Margaret Ann** – Retreat Co-chair - Tuesday Night Big Book Step Study
9. **Susan G** - Thursday noon Government Center mtg
10. **Toni** – Wednesday am 7:15 Elliot Church
11. **Marty** – Sunday 6pm Brookline mtg
12. **Marina** - Sat Am HOW mtg

Meeting Overview

1. Introductions and Readings:

- Participants introduced themselves and shared expressions of gratitude.
- The group read the 12 Steps, 12 Traditions, and Concept 11.

2. Treasurer's Report and Budget

Treasurer Report (Sue):

- \$795 contributions April
- No expenses except PO Box Yearly Rental, PayPal (\$235)
- Region 6 and World Service donations were made this month
- Working balance - \$7920

Discussion around what was the prudent reserve for the Retreat – do we still need it? It was recommended to make a special contribution to World Service for the capital campaign to support the “find a meeting” function instead. It was recommended for the budget committee (Susan G, Margaret Ann) to discuss the amount to vote on at next business mtg.

Continue to promote a QR code for online giving, to be displayed on the website and shared during meetings. (below)

Suggesting members include donation reminders in their meeting scripts. (at end of this report)

3. Website

Website stats are lower for this time of year. Website metrics were sent out to MWI members before the meeting. If anyone would like the metrics sent to them (that didn't receive them) please send a message to Nancy GP.

Google Ad Grants are down and Nancy is working with Google on the causes and how to fix

4. Social Media (Kaitlyn T)

Kaitlyn has been cross promoting on social media from other intergroups

We will spend \$40 on boosting upcoming Workshops and boosting Young Peoples retreat posts

5. Workshops

Upcoming MWI MAY WORKSHOP

Setting Boundaries with Friends and Family

How do we set healthy boundaries when it comes to food — and with the people closest to us? Join us for a supportive workshop focused on defining new boundaries in family relationships and in relation to food.

WHEN: Sunday, May 4, 2025, 1:30 PM EST

ZOOM: <https://zoom.us/j/7056582426>

Contact us for the password at: info@metrowestoa.org or visit metrowestoa.org chat button

All are welcome. Hope to see you there!

Austine is sending the flyer a month in advance for the upcoming MWI workshops to publicize monthly workshops

6. MWI WhatsApp Chat link -

<https://chat.whatsapp.com/LSiN64Z7oNIBdfyUjCBKcv>

7. Spring Assembly Report

Chloe Chair: MWI Intergroup Chair Intergroup Renewal Committee

Rachel S Chair PIPO Committee – awarded 3 blitz funds for ads in NYT and University and Colleges. MWI is now open to apply again

8. Sponsorbank – Abby C

NGP and Rachel will meet to discuss action steps with Abby – will organize meeting on WhatsApp

- Should it be available online?
- Should it be first 12 days sponsors to get more people to volunteer to help newcomers get started?
- All current names on the list should be contacted to see if they want to remain on the list.

9. MailChimp Blast Newsletter

Steve is now publishing once a month – sponsor bank info to be added to next newsletter.

Margaret Ann to contact Steve M to add other intergroup email addresses to our mailing list.

10. Announcements

Susan G volunteered to compile and distribute the monthly announcements based on the meeting minutes.

11. Speaker List

Susan G will publicize this call to action as the list needs to be updated.

12. Upcoming Retreat

Margaret Ann R. provided an update on the upcoming retreat:

- 31 people are currently registered. The maximum limit is 45, so there is room for 14 more people.
- Registration is slowing down so we need another promotion push.
- Susan is working with the retreat center to finalize the food menu.

13. Next Months Upcoming Intergroup Meeting

Join us next month, the third Saturday of the month. 9am, mtg ID 705 658 2424 with usual passcode (Nate provides this information in the agenda email sent a few days ahead of the meeting).

14. Closing and Next Steps:

- **Closing:** The meeting ended with the **Unity Prayer**, a reaffirmation of OA unity and principles.
- **Facilitator's Note:** Nate thanked attendees for their engagement, expressed gratitude for the productive session, and invited feedback on improving future meetings.

For announcements:

“Doesn't intergroup pay for the Zoom room?”

It's true that virtual meetings mean fewer room rents, but OA still has essential expenses — many of which are invisible, yet vital. Without 7th Tradition contributions, the work of OA simply can't be done.

Here's what your 7th Tradition supports:

- Zoom rooms (MWI maintains three, for overlapping meetings).
- Websites that help newcomers find us — built, hosted, and maintained.
- Google Ads and real-time support for those seeking help.
- Public outreach campaigns to health professionals and the community.
- Delegates aid and scholarships for OA's business assemblies.

- Translation of OA literature into more than 2 dozen languages to reach non-English speakers who are the biggest factor in OA growth.
- Professional staff at World Service who keep OA running.
- Region and World Service conventions, where vital business gets done.

In face-to-face meetings, a full basket was visible. Now, with virtual meetings, it's easy to forget — and contributions have dropped.

We are self-supporting, and *you* are part of “we.” Without your support, OA cannot exist

FACE YOUR STUFF

instead of

STUFFING YOUR FACE

OA Young People's Retreat

building the fellowship we crave

online event

May 3rd-4th, 2025

sign up for details using QR code
or visit oayoungpeople.org/retreat-2025



for young adults who want
to stop eating compulsively
(including -but not limited to-
obesity, anorexia, & bulimia)



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