

MWI Intergroup Zoom Meeting – May 17, 2025

Attendees:

1. **Nate O** – MWI Chair
2. **Bob** - Friday night Harvard Square Big Book Step Study
3. **Kaitlyn** – Web and Vice Chair
4. **Rachel S** – Reg 6 delegate (subbing also for Sunday night rep)
5. **Mary M** – Sunday am 9:30 JP
6. **Abby C** – Monday am meditation mtg Elliot Church
7. **Nancy GP** - Recording Secretary, National delegate, and paid web professional
8. **Margaret Ann** – Retreat Co-chair - Tuesday Night Big Book Step Study
9. **Liz F** – Young Persons Retreat (18-30)
10. **Beth K** –
11. **Michael P** – World Service Business Rep

Meeting Overview

1. Introductions and Readings:

- Participants introduced themselves and shared expressions of gratitude.
- The group read the 12 Steps, 12 Traditions, Concept 5, Strategic goals.

2. Treasurer's Report and Budget

Treasurer Report (Sue in absentia):

Topic for discussion from Sue's email:

Special donation to WSO for the "Find a Meeting" function on the website.

Voted to accept suggestion of \$3000 donation (to be distributed monthly installments or in a lump sum at Sue's discretion) and let WSO know the amount we are pledging

Continue to promote a QR code for online giving, to be displayed on the website and shared during meetings. (below)

Suggesting members include donation reminders in their meeting scripts. (at end of this report)

3. Website

Website stats are stable. Website metrics were sent out to MWI members before the meeting. New keyword accepted – bariatric surgery. If anyone would like the metrics sent to them (that didn't receive them) please send a message to Nancy GP.

Google Ad Grants continue to remain steady with views and impressions

4. Retreat OA Young People – (Liz F)

Well attended and planning for next year

Encouraged Liz to attend local meetings and to grow young people outreach locally.

Approaching colleges etc...

5. Workshops (Rachel S)

Rachel – Henry – Chloe

Topic: Setting Food Boundaries with Families

Well attended with people from all over country - big promotion push (boosted social media posts) Shoutout to Austine for promotion distribution

Request to repeat topic in a future retreat

6. Upcoming Retreat (Margaret Ann)

Lots of registration and excitement building

Menu (Susan G working with facility leaders)

43 people currently registered (people from all over Reg 6) – room for 45 absolute max

Looking for a new retreat chair next year (Margaret Ann stepping down)

7. World Service Business Conference (Michael P)

<https://oaregion6.org/report-from-the-world-service-business-conference-2025/>

May 4-10 - 5 days 4 hours each (12-4)

Highlights:

13 proposals – 3 were put into consent agenda

Upper Midwest (region 4) closed due to not enough attendance

Proposal to change conference committee

Michael P frustrated about OA bureaucracy around putting forward important initiative and getting incorrect guidance that wasted a lot of time

MWI JUNE WORKSHOP

Abstinence in the Workplace

Join us on Sunday, June 1, 2025 at 1:30 PM (ET) on Zoom for a workshop on navigating abstinence at work. We'll explore how to handle food in the office, take breaks for selfcare and set respectful boundaries with coworkers—all while staying grounded in OA principles.

WHEN: Sunday, June 1, 2025, 1:30 PM EST

ZOOM: <https://zoom.us/j/7056582426>

Contact us for the password at: info@metrowestoa.org or visit metrowestoa.org chat button

8. Sponsorbank – Abby C

NGP, Rachel, Abby met to discuss

- Publicize in newsletter and meeting announcements adding people who want to be 12-day temporary sponsors (new section for list)
- All current names on the list will be contacted to see if they want to remain on the list. Those who do not want to remain will be offered to be 12 day sponsors (link below on how that works)

<https://www.metrowestoa.org/wp-content/uploads/2020/12/Temporary-Sponsors-1.pdf>

9. MailChimp Blast Newsletter – Steve is now publishing at once a month – thank you Steve!

10. Abby looking to promote meditation meetings. Will send a flyer to NGP to promote

10. Closing and Next Steps:

- **Closing:** The meeting ended with the **Unity Prayer**, a reaffirmation of OA unity and principles.
- **Facilitator's Note:** Nate thanked attendees for their robust service and strong initiatives and engagement. Nancy mentioned strong growth in Young Persons attendance in UK specifically

For announcements

“Doesn’t intergroup pay for the Zoom room?”

It’s true that virtual meetings mean fewer room rents, but OA still has essential expenses — many of which are invisible, yet vital. Without 7th Tradition contributions, the work of OA simply can’t be done.

Here’s what your 7th Tradition supports:

- Zoom rooms (MWI maintains three, for overlapping meetings).

- Websites that help newcomers find us — built, hosted, and maintained.
- Google Ads and real-time support for those seeking help.
- Public outreach campaigns to health professionals and the community.
- Delegates aid and scholarships for OA's business assemblies.
- Translation of OA literature into more than 2 dozen languages to reach non-English speakers who are the biggest factor in OA growth.
- Professional staff at World Service who keep OA running.
- Region and World Service conventions, where vital business gets done.

In face-to-face meetings, a full basket was visible. Now, with virtual meetings, it's easy to forget — and contributions have dropped.

We are self-supporting, and *you* are part of “we.” Without your support, OA cannot exist