



Feb.- March 2026 - Metrowest Intergroup Announcements

Please make these announcements at any meetings you attend. At Zoom Meetings please post them in the Chat. Thank you for your service.

UNITY DAY CELEBRATION- Saturday, February 28th 10am-12pm Newton-Wellesley Hospital, Shipley Auditorium. Unity Day is commemorated by OA members around the world (there are approximately 6,500 meetings in over 75 countries!). We'll gather in-person to recognize the strength of the OA fellowship worldwide. Celebration will include speakers, writing & reflections, a clothing swap. Fellowship afterwards in the cafeteria feel free to bring your own food or purchase there. Event opens at 9:30am, free parking vouchers will be available.

MWI RETREAT 2026- Save the Date!- June 12-14,2026 in Attleboro, Massachusetts. Strengthen your program with Service and work with a great group of fellows by volunteering to serve as Registrar for the Retreat. email info@metrowestoa.org include 'Retreat' in the subject line.

SPECIAL TOPIC WORKSHOPS- 1st Sunday of the month, 1:30-2:30pm ET
Meeting ID: 705 658 2426 <https://zoom.us/j/7056582426> For password email info@metrowestoa.org

NEW TO OA?

Download our free Newcomer pamphlet "Where do I Start-Everything a Newcomer Needs to Know" <https://oa.org/where-do-i-start-everything-a-newcomer-needs-to-know/>

For a list of all MWI meetings: <https://www.metrowestoa.org/meetings/>

MWI IN-PERSON MEETINGS Eastern Mass.

- Monday 7p Hopkinton
- Thursday 7p Norwood
- Saturday 9:30a Cambridge (Hybrid)
- Saturday 9:45a Brighton
- Saturday 10a Westwood
- Sunday 6p Brookline

Come early (5:45p) to the Sunday in-person Brookline 6p meeting someone will greet and orient you.

Central MA Intergroup hosts online Newcomers Meetings -Wed,Thurs & Fri 6:30pm. Info at: <https://centralmassoa.org/meetings/>

OA Needs Our Support- Your regular 7th Tradition contributions to our Intergroup at www.metrowestoa.org are divided between MWI, Region 6 & OA World Service. Support our Zoom rooms, websites, newcomer outreach, public info campaigns, retreat, region/world service conventions & more.

To receive our **Info Blasts & MetroWest Newsletter** email info@metrowestoa.org include 'Newsletter' in subject line.

Follow MetroWest on social media- <https://www.facebook.com/oametrowest/>
<https://www.instagram.com/oametrowest/>

Join MWI business meetings- 3rd Saturday of the month 9-10:30a. All are welcome! We meet monthly, you'll receive a warm welcome & get to know members actively doing service. Meeting ID: 705 658 2424 <http://zoom.us/j/7056582424> For password email info@metrowestoa.org

Looking for a Sponsor/Available to Sponsor? MWI keeps a sponsor bank. email info@metrowestoa.org include '**Sponsor**' in the subject line to either receive the list or to be added to the list of available Sponsors.

Looking for Meeting Speakers/Willing to speak? MWI keeps a speakers list. email info@metrowestoa.org include '**Speaker List**' in the subject line to receive the list or to be added to it.

Resources page: Check out on our website: <https://www.metrowestoa.org/resources/>

Interested in Running a Workshop? Email info@metrowestoa.org with 'Workshop' in the subject line.

Important-Zoom meetings: Check out San Diego's **Zoom Host Training** <https://oasandiego.org/zoom/> Resource materials covering Zoom hosting and security.

Monthly Region 6 Intergroup Forums: Not just for intergroup reps! Third Sunday of each month (no meeting in December). Visit <https://oaregion6.org/> for more Region 6 information.

MWI has funds to help meetings start up or move back to in-person or hybrid. Let us know how we can help your group!

We are self-supporting and *you* are part of "we"

Without your support, OA cannot exist