



**PAUSE THE NOISE,
FIND THE PEACE**

*Using Step 11 to keep
pace with the demands
of everyday living*

**SATURDAY, APRIL 11, 2026
IN-PERSON WORKSHOP
10AM-NOON
REGISTRATION 9:30AM**

(PRIOR REGISTRATION IS NOT REQUIRED)

**TRIUMPHANT CROSS LUTHERAN CHURCH
171 ZION HILL ROAD SALEM, NH 03079**



ADA
ACCESSIBLE

[CLICK HERE FOR
PRINTABLE DIRECTIONS](#)

**FOR MORE INFO EMAIL
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