



April 2026 - Metrowest Intergroup Announcements

Please make these announcements at any meetings you attend. At Zoom Meetings please post them in the Chat. Thank you for your service.

FOR ZOOM Meetings: *If you are putting the announcements in the chat, just select, copy and paste each of the chat sections one at a time, so that you will not exceed the chat text limits for individual chat posts on Zoom.*

1st chat message

SPECIAL TOPIC WORKSHOPS-1st Sunday of the month, 1:30-2:30pm ET

April 5th - Navigating Social Events

May 3rd - Diversity in OA

Meeting ID: 705 658 2426 for the passcode email info@metrowestoa.org

MWI Service Fair – Saturday, May 9th 9am. Doing service is not only the best way to grow your own recovery (as step 12 makes clear) but it's also a great way to increase your fellowship, and it's actually really fun! Learn more about the benefits of doing service and available opportunities to get plugged in. No experience necessary! We are eager to train and encourage those who are brand new to giving service or just want to learn more. Meeting ID: 705 658 2424 for the passcode email info@metrowestoa.org

MWI RETREAT-“It Works. It Really Does!” June 12-14, 2026, Attleboro, Massachusetts. Join us for a weekend of connection, learning, growth & mutual encouragement! Friday evening-Sunday mid-day, \$285 includes a private room w/adjoining bathroom, 5 meals & an opportunity to tend & grow your recovery in a supportive setting. Partial scholarships available. Registration opens March 28th www.metrowestoa.org

2nd chat message

Service Opportunity-Strengthen your recovery & work with a great group of fellows. Volunteer to serve as Intergroup Corresponding Secretary. Attend monthly meeting 3rd Saturday of the month at 9am, receive and distribute communications for the Intergroup. For more info. email info@metrowestoa.org include 'Secretary' in the subject line.

MWI Needs Our Support-Your regular 7th Tradition contributions to our Intergroup are essential to allow us to continue to provide our Zoom rooms, website, newcomer outreach, public info campaigns, retreat, region/world service conventions & more. Go to www.metrowestoa.org Your donations are divided between MWI, Region 6 & OA World Service.

Region 6 Convention “Beyond Our Wildest Dreams” October 16-18, Stamford, Conn. Early Info and register at: <https://oaregion6.org/>

3rd chat message:

NEW TO OA?

Download our free Newcomer pamphlet “Where do I Start-Everything a Newcomer Needs to Know” <https://oa.org/where-do-i-start-everything-a-newcomer-needs-to-know/>

For a list of all MWI meetings: <https://www.metrowestoa.org/meetings/>

MWI IN-PERSON MEETINGS Eastern Mass.

- Monday 7p Hopkinton
- Thursday 7p Norwood
- Saturday 9:30a Cambridge (Hybrid)
- Saturday 9:45a Brighton
- Saturday 10a Westwood
- Sunday 6p Brookline

Come early (5:45p) to the Sunday in-person Brookline 6p meeting someone will greet and orient you.

Central MA Intergroup hosts online Newcomers Meetings -Wed, Thurs & Fri 6:30pm. Info at: <https://centralmassoa.org/meetings/>

To receive our **Info Blasts & MetroWest Newsletter** email info@metrowestoa.org include ‘Newsletter’ in subject line.

Follow MetroWest on social media- <https://www.facebook.com/oametrowest/>
<https://www.instagram.com/oametrowest/>

4th chat message

Join MWI business meetings- 3rd Saturday of the month 9-10:30a. All are welcome! We meet monthly, you’ll receive a warm welcome & get to know members actively doing service. Meeting ID: 705 658 2424 for the passcode email info@metrowestoa.org

Looking for a Sponsor/Available to Sponsor? MWI keeps a sponsor bank. email info@metrowestoa.org include ‘**Sponsor**’ in the subject line to either receive the list or to be added to the list of available Sponsors.

Looking for Meeting Speakers/Willing to speak? MWI keeps a speakers list. email info@metrowestoa.org include ‘**Speaker List**’ in the subject line to receive the list or to be added to it.

Resources page: Check out on our website: <https://www.metrowestoa.org/resources/>

Interested in Running a Workshop? Email info@metrowestoa.org with ‘Workshop’ in the subject line.

: Additional Optional announcements/pick & choose, post every few weeks

Important-Zoom meetings: Check out San Diego’s **Zoom Host Training** <https://oasandiego.org/zoom/> Resource materials covering Zoom hosting and security.

Monthly Region 6 Intergroup Forums: Not just for intergroup reps! Third Sunday of each month (no meeting in December). Visit <https://oaregion6.org/> for more Region 6 information.

MWI has funds to help meetings start up or move back to in-person or hybrid. Let us know how we can help your group!

We are self-supporting and *you* are part of “we” Without your support, OA could not exist